

# Executive Coaching

Enhance leadership performance with our tailored executive coaching packages designed for executives, senior managers, directors, and business owners.



Our executive coaching is a process of self-discovery and growth, where senior leaders explore and refine their leadership styles, enhance decision-making abilities, and cultivate agility in navigating complex challenges. We provide a confidential space for introspection, offering personalised guidance to maximise professional impact, amplify strengths, and transform obstacles into opportunities.

## Coaching Journey



### Objective setting and support meeting

Establish clear objectives in a tri-party meeting involving the coachee, their manager and the coach to secure organisational support and alignment.



### Coaching Agreement & Assessment

An optional diagnostic tool such as the Leadership Impact 360 assessment, followed by a detailed debrief session to gain insights into leadership capabilities and impact.



### Coaching

1:1 coaching sessions (in-person or online) to address specific challenges, uncover unhelpful thinking patterns, and develop actionable strategies for success.



### Reviews

Regular reviews against action plans along with a mid-way checkin-in and end of program review with the leader's direct manager.

## What's included?



Engagement will be tailored to individual's unique needs and will be 6, 9, or 12 months, depending on the program.



1:1 Coaching to address specific challenges, explore underlying behaviors, and develop actionable strategies for success.



Comprehensive diagnostic tool such as the Leadership Impact 360 assessment and debrief.



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